



The BUFFER

The Newsletter of Buckeye United Fly Fishers, Inc., Cincinnati, OH

Volume 39, Issue 10

Web site: <http://www.buckeyeflyfishers.com>

Oct.1, 2015

Notes from the President

Ken Dixon (krjdix@outlook.com)

I just returned from the September B.U.F.F. trip to Sunnybrook Trout Club. We had a smaller group this trip but I believe all had a great time. The weather was near perfect and there were lots of fish, although they proved to be a little challenging to get on the hook and land. The water was really clear in most areas of the stream and the fish were keying on small midges in the film (emergers). They seemed to prefer flies with yellow or orange. However, all had success to varying degrees as indicated by the sampling of pictures below.



As always, the food and facilities were outstanding. The staff at the Club enjoy hosting our group and help make this a great trip.

Earlier in September, I was honored to be asked to join the Project Healing Waters group when they traveled first to Sunnybrook while on their way to a special fishing event at the Ohio State Trout Hatchery in Castella, Ohio. This was an outstanding trip and I really appreciated being asked to join them. The weather was a little rough on Friday at the Club with rain a good part of the afternoon, but again I think all enjoyed the time on the waters. They also found another feature of the Club when they enjoyed a break in the rocking chairs on the front porch.

While not really fly fishing related, I thought I would share another unique feature found at the Sunnybrook Trout Club. Following is a picture taken earlier this summer of an oak tree purported to be more than 300

years old. The sheer size of the tree is hard to judge in a picture but if you look closely near the left side of the trunk, my wife is standing beside the tree. This might help you judge the immensity of this beautiful and unique tree.



September had a number of events that should be mentioned. These included the annual Southwest Ohio “Casting for Recovery Retreat”, events at Parky’s Farm, casting and tying demonstrations at the Great Outdoor Weekend, and an Introduction to Fly Fishing for Seniors at the Springdale Community Center. Thanks to all the many volunteers that helped make these events happen.

Last month I mentioned that the Board of Directors were reviewing the annual Banquet. After a lengthy discussion, it was decided we should move forward with a Banquet in 2016 with a few modifications. If you are interested in being the Chairperson for this event, please contact JR Jackson.

October will have a number of activities including; Stream Quality Monitoring on two stretches of the Little Miami, the Smoky Mountain Trout Trip (one of our most popular Club sponsored trips), Beginner Fly Tying classes, and a Two Handed Casting Clinic. Check out the B.U.F.F. website for details and to enlist in these activities.

Good Fishing and Tight Lines,

Day Tripper – Mad River

James (JR) Jackson (bearcatjr@gmail.com)

On Saturday, September 19th, 11 BUFF members made the trek to Urbana to fish the Mad River. We rendezvoused at Grimes Field Municipal Airport in Urbana at 8 a.m., where we discussed the general lay of the land and made our plans for who would fish which sections of the river. At 8 a.m. the air temperature was roughly 68 degrees with overcast skies, and rain predicted for the early afternoon. The river was running VERY low and clear, making it necessary to sneak up on the fish to the best of our ability, and to focus mainly on deeper pools and depressions in the streambed. We often hear of fishermen plying the Mad's waters with large streamers and sinking lines, but with water being this low and clear, dry flies and nymphs were the name of the game. Most of us ended up fishing a dry fly on top, and a nymph fished as a "dropper", typically meaning a piece of line 1-2 feet long was tied to the bend of the dry fly hook, and a sinking nymph was tied to the other end of the short piece of line.

During the morning, we had groups fishing the skinny waters of the upper river (generally considered to be anything at or upstream of Lippencott Road...above which the river gets much smaller and more like a typical spring creek) at Upper Valley Pike, and the middle river at the Route 29 bridge, and above and below the Route 55 bridge. At the 55 bridge, no fish were landed but several were spotted, mostly hiding in the deep pools above and below the bridge. Some of the fish seen would push 20 inches in length. Fish were rising sporadically, but with no real consistency, and there weren't any clear hatches happening at all, so nymphing was the main approach.

When the rain came, we decided to return to the Airport Café at the airport for lunch, where we all enjoyed a fine meal and enjoyed each other's company. Jim and Cari Vota were the last to arrive to lunch, perhaps due to the fact that they were also the only fishers to have a catch to report. Jim landed a brown trout on a size 14 Bead Head Prince Nymph, fished as a dropper under a stimulator, caught just as the streambed dropped off into a deeper pool.

After we finished lunch, and encouraged by the fact that Vota showed us that fish COULD be caught, we returned to the water just as the rain cleared out. Other than occasional wind, the rest of the day was fairly pleasant fishing. Most of the group returned to either Route 29, or else to the Route 36 bridge. At Route 29, Hugh O'Donnell landed a 9-inch brown below the bridge on a size 16 Prince Nymph, fished as a dropper below a size 10 Elk Hair Caddis, fished directly downstream through a riffle.

At Route 36, Tom Agin landed a brown between the 36 bridge and the low-head dam on a size 16 black stonefly nymph fished as a dropper, as before. Tim Williamson and I walked downstream to the famous railroad trestle (where several large brown trout are said to reside), but didn't see any signs of aquatic life other than a large tadpole Tim (AKA Aquaman) caught in his net. We waded back upstream, discussing the fact that there were no fish in the river when Tim let out a yelp and said two enormous trout just swam out of a slight depression in the streambed ahead of us, and appeared to be chasing small minnows. Tim changed over to a clouser minnow and had several short strikes, while I stuck with my dry and dropper rig. Approaching another section of water that looked very similar to the water the large trout had been holding in, we both agreed that if there was a fish in the river, it would be holding in the water at the head of the depression. I cast to the spot and a 13 inch brown sipped my size 14 Elk Hair Caddis off the surface just like a scene from a movie. Success! We saw some fish start rising later in the afternoon, but didn't bring any more to the net.

As with our other day trips, there weren't a lot of fish caught on this trip, but I think everyone who went learned something new, and that's the main goal for our local day trips. Shane Douglas was able to fish for the first time in a year and a half, and entertained us with stories whenever the fishing got exceptionally slow. Special credit also goes to Jim Hayes, who drove up to the Mad on Thursday, the original date of the trip, before finding out the trip had been moved to Saturday, and came again then...two trips to the Mad in one week! For my part, I don't have any more day trips planned for 2015, but will be setting up more local trips in 2016, so keep your eyes peeled. Thanks again to all who attended the trips this year and made them so much fun.

How to cook that trout

D. Brent Miller (DBrent@dbrent.com)

Photo by USFWS / Flickr

Photo by USFWS / Flickr

12" fresh trout, cleaned

3 Tbsp soy sauce

1 1/2 tsp Worcestershire sauce

1 Tbsp shelf-stable lemon juice (from a bottle)

1/4 tsp granulated garlic

1/2 tsp granulated onion

4 Tbsp butter, packed in small, plastic screw-top jar 1/2 tsp dried rosemary

2 18-inch pieces heavy-duty aluminum foil

At Home

Mix soy sauce, Worcestershire sauce, lemon juice, garlic, and onion in a leakproof container.

In Camp

Build a fire about 18 inches wide. Lay your fish on one foil sheet and set the second sheet aside. Divide the butter and rosemary, spreading them evenly inside the cavity of the fish. Pull the side of the foil up and pour the soy sauce mixture over and inside each fish. Bring two edges of the foil together, folding them over 1/2 inch to form a seal. Continue folding until the packet is snug, then fold in the sides using the same technique. Set the packet on the second sheet of foil, then repeat this process. When a bed of coals about 10 inches wide and 5 inches deep has developed, push any burning pieces of wood aside. Set the packet on top of the coals and cook for about 8 to 10 minutes on each side. Remove from coals and let sit for about a minute before opening. Check by breaking the largest piece of fish with a fork. If it's flaky, the fish is done; if not, put it back on the coals.

October Meeting

Meeting Date, Wed. Oct 14, 2015

Speaker: John Field - John is an avid fly fisher and author from Connecticut. His latest book is *Fly-Casting Finesse*.

John will address many of the topics that he covers in his book, including: Mechanics of Casting, Proper Stance and Grip, Timing and Tempo, Hauling, Pick-ups, Presentation Casts, Achieving Distance and Accuracy.

No matter what level of casting we have achieved, we all believe we can improve.

Register for the meeting and learn from an expert!

Dinner Menu

German Spaetzle – Butter Noodles
Pork Wiener Schnitzel
Bratwurst with Sauerkraut
Mashed Potatoes and Gravy
Cucumber Salad with Sour Cream, Onions and Dill

Low fat Dinner Menu Option:

>>> Select when registering <<<
Braised Pork Loin
Seasoned Vegetable Mélange
Mixed Green Salad with Fresh Seasonal Vegetables
With Honey Citrus Balsamic

Vegetarian Dinner Menu Option:

>>> Select when registering <<<
Stuffed with Vegetables Portabella Mushroom Cap
Mixed Green Salad with Fresh Seasonal Vegetables
With Honey Citrus Vinaigrette Dressing

Dessert

German Chocolate Cake

In Memoriam – Roger Wolfangel

Ken Dixon (krjdix@outlook.com)

Roger Wolfangel passed on September 23, 2015 at age 94. Roger was a Life Member of B.U.F.F., having joined the Club in November 1977. Many of you may remember Roger as the “locust man” as he always had locust flies for sale at our Club Meetings.

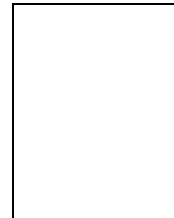


The *BUFFER*

The Newsletter of Buckeye United Fly Fishers, Inc.

P. O. Box 42614

Cincinnati, OH 45242



A Non-Profit, Tax-Exempt, Charitable Corporation

FIRST CLASS MAIL

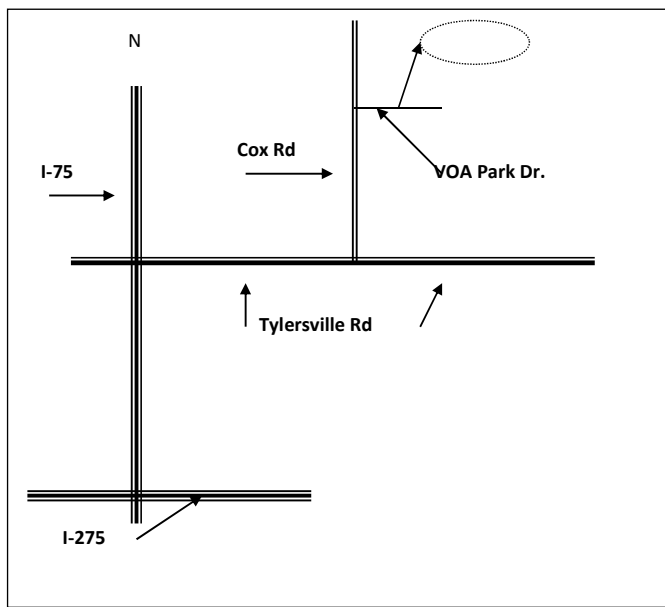
NOTICE: Dues are \$25 (Individual), \$30 (Family), with a onetime \$5 Initiation Fee for new members. New members will pay a prorated membership amount according to month of initial membership for the first year. Annual dues are due January 1. Refer to BUFF website for further information. B.U.F.F., P.O. Box 42614, Cincinnati, OH 45242

Mailing Address

Next Monthly Meeting – Wed. Aug. 14, 2015

Call (513) 683-0286 or sign up on line at WWW.BUCKEYEFLYFISHERS.COM for reservations no later than midnight on the Sunday before the meeting. Dinners are \$15/person.

Sign up from the 20th of the November through the Sunday evening (12/14) before the monthly meeting!



Directions:

From I-75 -- Follow I-75 north to the Tylersville Road exit. Turn right off of the exit ramp onto Tylersville Road and follow to Cox Road. Turn left onto Cox Road and follow Cox Road north to VOA Park Drive. Turn right onto VOA Park Drive. Turn left onto first drive and follow roadway to Lodge.

From the Warren County area...

Follow Tylersville Road west to Cox Road. Turn right onto Cox Road and follow Cox Road north to VOA Park Drive. Turn right onto VOA Park Drive. Turn left onto first drive and follow roadway to Lodge.