



# The **BUFFER**

The Newsletter of Buckeye United Fly Fishers, Inc., Cincinnati, OH

[www.BuckeyeFlyFishers.com](http://www.BuckeyeFlyFishers.com)

Volume 41, Issue 4

May 1, 2017

## LOSE YOUR PRIDE IN BIG SKY!

*Paul Juszczak, President*

**S**o far this year, the Buckeye United Fly Fishers Club has broken several monumental records.

For starters, the 2017 BUFF Fly Fishing Show had record attendance. Once again: hats off to the fly show committee and all the volunteers! Just this past month, the annual banquet enjoyed over \$22,000 worth of prized donated to the club. With all that loot and very eager members ready to bid – plus raffle ticket sales – the club ended up with another record profit night. Thanks to the excellent job done by the banquet committee, this year's banquet goes down in the record books.

Speaking of the banquet, for all those members who were unable to attend, I would personally like to thank all 30 members who were 2016 Volunteer Honorees. Those 30 members have contributed their time and talents as well as shared their passions with others. They also stepped up to the plate when help was needed. Whether it be at Parky's Farm, casting class, tying class, Project Healing Water, Casting for Recovery, the fly show or the banquet itself. Your dedication to the club is well-received by all. Thank you!

Finally, let me share these heart-felt congratulations and thanks! These are some of the folks who truly make our organization great.

I would like to recognize **Don Kail** as the winner of the Board of Directors' award. Don is the lifesaver for the BUFF's website. Way to go, Don! In addition, the recipients of the Presidential Award were

 **Brent Miller** for his awesome work with Project Healing Waters

 **Todd McGarvey** for his dedication to the annual Banquet

 **Jim Neckers** for his love and passion as the club's Fly Tying chair for the past several years. I like to save the best for last

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## May Presentation & Speaker

Adam Konopka —“Secrets of Fishing the Mill Creek”

*Mike Rubush, Program Co-Chair*

### Program Description

**T**he Mill Creek is making a comeback and holds some of the best kept angling secrets in the Tri-state region. Often misunderstood and overlooked, the Mill Creek is a 28 mile long wonderland of stream reclamation, urban history, and conservation success stories. The increasingly improved water quality has been accompanied by the return of a wide variety of fish species including gar, hybrid striped bass, and largemouth bass. The creek especially affords excellent carp fishing, an increasingly prized sport fish in North America. Mill Creek carp are submarines - using strength, stamina, and weight in a fight that can challenge even experienced anglers. They are also easily spooked – you have to work for them using a variety of approaches that appeal to experts and novices alike. And best of all, urban carp fishing is right under our nose here in Cincinnati. This program will present some of the proven fly patterns, accessible locations, and successful equipment tips for this distinctive angling context. It will also highlight several creek restoration projects that have contributed to increased fish habitat and migration for a wide variety of species.



### Speaker Biography

A life long fly angler, Adam Konopka has fished throughout the Great Lakes river systems and the New England coast. As a resident of Cincinnati's Northside neighborhood, he especially enjoys fishing with his young family. He is the Best Chair at Xavier University and a trustee for the Mill Creek Watershed Council of Communities.

**Don't miss this presentation to learn more about Mill Creek**

*(President's Notes Continued from page 1)*

This year's Fly Fisher of the Year Award went to **Sue Jones**. Sue did an outstanding job as the Women's Fly Fishing Chair, Club Logo Chair, and driving Ed to and from the board of directors and the monthly general meetings. **Congratulations to all the names above and thank you for the start of a record breaking year!**

Keep your line tight in the riffle.

Best regards,  
Paul Juszczuk



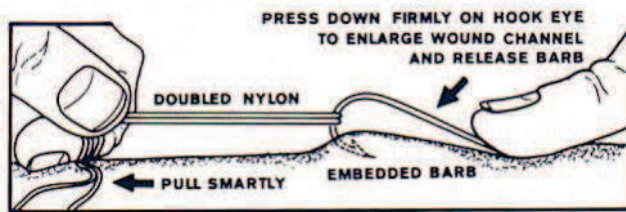
# Safe Hook Removal

Joe Panfalone

Statistically, sometime in your fishing career you will get impaled with a hook. If haven't yet, you will eventually. Knowing that it is inevitable, one should know how to safely remove a hook.

I had the unfortunate opportunity of having a doctor demonstrate on me the proper method. Everything that I had read about removing a hook was to advance the hook on through, snip off the tip and barb, then retract the hook. The doctor said "Why would you want to subject yourself to more pain and have two puncture holes?"

He took a piece of cord, strung it through the bend of the hook, then pressing the eye of the hook down against my flesh with one hand and the cord in the other hand, he gave it a quick yank. It was painless and only drew a drop or two of blood.



Any hook stuck in the facial area **SHOULD BE REMOVED BY A PHYSICIAN ONLY!** Severe if not fatal damage can be done if you try remove it yourself.

Better than knowing how to remove a hook, is how to prevent from getting hooked. Here are a few tips.

## Head Protection

Fly fishermen are particularly vulnerable to hooks whizzing past their heads. A broad brimmed hat will not only protect your neck and ears from being impaled, but will provide protection from sunburn as well. During inclement weather, it will serve to keep the rain from trickling down the back of your neck.

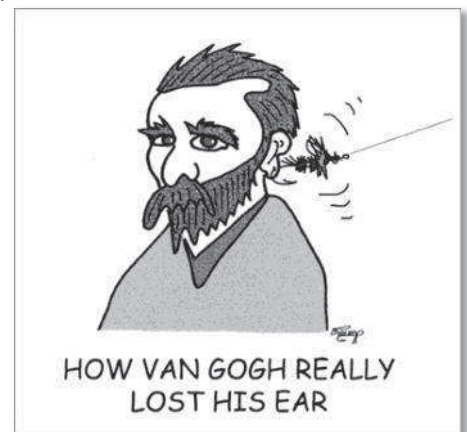
## Eye Protection

Polarized sunglasses are indispensable. They protect your eyes from harmful rays of the sun, cut the glare on the water to assist in sight fishing, and more importantly, protect your eyes from errant hooks. If it is too dark for sun glasses, at least wear a pair of clear lenses. A hook in the eye is extremely serious and should be treated **ONLY BY A PHYSICIAN.**

## De-Barb Your Hooks

Barbed hooks will tear flesh, not only yours but the fish's as well. If you practice catch and release, it is important to their survival that you minimize their wounds. Even if you keep you catch, it is more humane if you did not rip their guts out removing the hook.

Simply mashing down the barb with a needle nose pliers is all it takes. It has been long debated, that if you play you fish correctly, barbless hooks can be as effective as barbed hooks.



## MAY Calendar

5/2	<b>PHW Fly Tying</b> Brent Miller
5/3	<b>NC Sprint Trout Quest</b> Mike Redmond
5/5	<b>Sunnybrook - Spring Trip</b> Ken Dixon
5/5	<b>Fish with Kids</b> Ed Jones
5/10	<b>BUFF Meeting</b>
5/12	<b>Fish with Kids</b> Ed Jones
5/13	<b>Carp on Flies</b> Tim Williamson
5/13	<b>Stream Quality Monitoring</b> Bryon Tudor
5/17	<b>BUFF Board Meeting</b>
5/18	<b>Women's After-Work Outing</b> Cari Vota
5/19	<b>Fish with Kids</b> Ed Jones
5/19	<b>Tie and Lie</b> Gary Begley
5/20	<b>Stream Quality Monitoring</b> Bryan Tudor
5/26	<b>Fish with Kids</b> Ed Jones
5/29	<b>Memorial Day</b>

## Kids Fishing at Parky's Farm, 2017

*Ed Jones*

BUFF activities at Parky's Farm will resume each Friday in May and continue six Fridays in



June, July, and August. Reports from the Project Healing Waters group suggest the bass have grown significantly since last summer and the bluegill fishing is always fun. If you have never participated, the main Friday activity is helping kids catch what is usually their first fish. Sometimes family groups or adults learning to fish join in on the fun. We use specially rigged crappie rods and barbless hooks baited with little pieces of treated hot dog or night crawlers. After each successful netting, we quickly release the critters to live and be caught again. It's a lot of fun to witness the excitement most of the kids experience.

Starting times will be 10 AM in May and 9 AM the summer months. Activities typically end around 1 or 2 PM. We are allowed to come early for some quiet catch and release fly action and continue that after the kids leave. The schedule with specific times for each date may be found on the BUFF website calendar, so mark your calendar and plan to be there.

Let me know if you would like regular Parky's updates and scheduling reminders ([jonesee@miamioh.edu](mailto:jonesee@miamioh.edu), 513-523-6523). It might save you the agony of cleaning the garage or attending your sister-in-law's 4th wedding ("Sorry, Honey, but I already have an important commitment that day!"). Directions may be found on the BUFF website under Community/Parky's Farm.

## MAY SPECIAL ACTION AUCTION

**Mill Creek Fishing Excursion to be auctioned off at the May 10th meeting!**

Mill Creek Yacht Club is donating a fishing trip excursion to Buckeye United Fly Fishers. The trip is for 3 anglers on Saturday, October 7th, 2017 at 9:00 am. The Yacht Club will provide canoes, life jackets, paddles and experienced Mill Creek paddlers for three guests from BUFF .



## Sun Protection

*Cari Vota, Director at Large*

**S**un protection is essential for the angler. The bright sun can cause serious pain and even lead to a more dangerous health situation. Sun damage is done by ultraviolet radiation, which bombards the Earth's atmosphere in three basic forms: UVC, UVB, and UVA. The UVC packs the greatest wallop but is mostly blocked by the ozone layer. UVB is only partially blocked by ozone and is primarily responsible for sunburn and skin cancer formation. And UVA can pass through clouds and even glass; it hurts us by augmenting the burns that UVB triggers, and by photoaging the skin. Another critical factor is that the sun's rays bounce off the water, acting like a foil tanning reflector.

The evidence of how dangerous direct contact with the Sun's UV rays is continues to pile up. Skin cancer is among the most preventable forms of cancer today, yet is among the most common. The three most common forms of skin cancer have climbed in recent years:

- Basal cell carcinoma affects a million Americans each year. It's rarely fatal, but if left untreated, it can ulcerate the skin and invade cartilage and bone, causing disfigurement.
- Squamous cell cancer targets another 300,000 Americans annually. These cells can travel to other parts of the body, including lymph nodes, lungs, and the brain, but fatalities are uncommon.
- Melanoma is by far the deadliest form of skin cancer—and one of the deadliest forms of cancer, period. Each year, some 7,500 patients die from it. Even more disturbing is the rate at which the risk is escalating, particularly for aging men.



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## Our 1st Women's After-Work Fishing Outing

*Cari Vota, Director at Large*

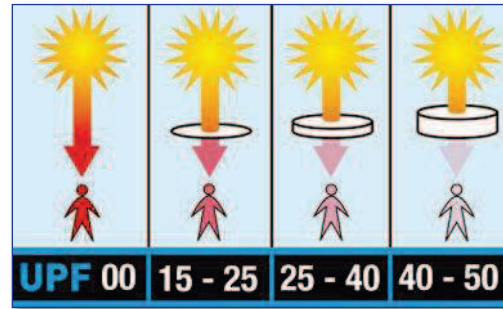
**N**ew this year are our Women's after-work fishing outings, which will be the 3rd Thursday each month, April thru September. Our 1st outing was at Heritage Park, in Colerain Twp. Because of the chance of thunder storms, we used this time to build basic casting skills and gain confidence, not getting too far from the parking lot. Two women club members came out and worked with our mentors, one-on-one. How can you beat that!

Although this program is designed for women, anyone feeling they could use to build basic skills on the water is WELCOME at these outings.



(Continued from page 5)

**UPF Shirts** - UPF stands for Ultraviolet Protection Factor. It indicates how much of the sun's harmful UV radiation is absorbed. Look for gear that uses UPF fabrics, which block the sun's UVA and UVB rays. Fabrics receiving a rating of 30 or higher offer very good to excellent protection.



Wearing a UPF shirt when its extremely hot outside may intuitively sound uncomfortable, but in reality it actually keeps you cooler. Direct contact with the sun warms the body throughout the day and as the body is exposed to direct UV rays the internal temperature actually increases. The shirt blocks the direct rays while many also wick sweat from the body to keep the wearer cool throughout the day of fishing.

UPF Rating	Protection Category	Percent of UV Radiation Blocked
UPF 15 - 24	Good	93.3 - 95.9
UPF 25 - 39	Very Good	96.0 - 97.4
UPF 40 - 50+	Excellent	97.5 - 99+

**Sunscreens** - Choose a product with a minimum SPF of 15, though SPF alone is not a perfect measure of a sunscreen's effectiveness, since it only measures UVB-blocking potential. Select a "broad spectrum" formula that also stops UVA. Coat any exposed skin, including under your chin, and don't be stingy. Sunscreen needs to be reapplied several times throughout the day. The SPF rating of sunscreen refers to the maximum number of minutes the wearer can be exposed to the sun before the sunscreen needs to be reapplied, which rarely happens.

**Sunglasses** - Don't neglect your eyes. Look for sunglasses with a full spectrum UV coating for ultimate protection.



## More Information...

### BUFFER Newsletter

The BUFFER Newsletter is published monthly and can be downloaded from the BUFF website. Back issues are available for download too.

### Monthly Meetings

Monthly meetings are held the **second** Wednesday of each month. Check the website for details, including guest speaker & presentation, buffet menu, and calendar updates.

### Annual Dues

Annual dues are \$25 (Individual), \$30 (Family), plus a one-time \$5 Initiation Fee for new members. Annual dues are due January 1. Refer to BUFF website [www.BuckeyeFlyFishers.com](http://www.BuckeyeFlyFishers.com) for more information.

## Contact Us

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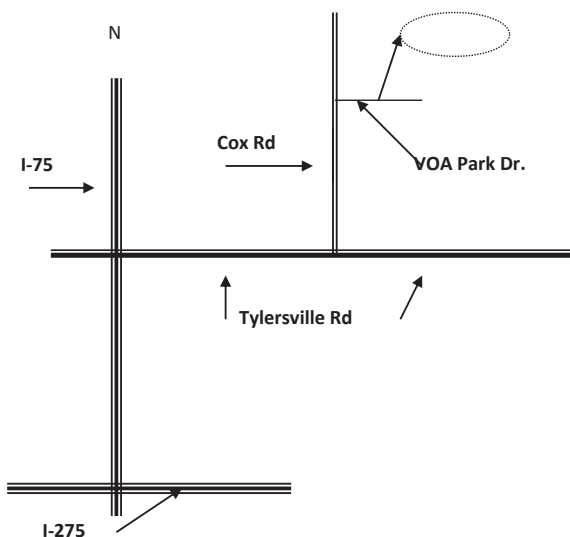
Visit us on the web at  
[www.BuckeyeFlyFishers.com](http://www.BuckeyeFlyFishers.com)

## Buckeye United Fly Fishers

*Promoting the Sport of Fly Fishing Through Education and Conservation*

## Meeting Location & Directions

Meetings are held at Voice of America Park in the Ronald Reagan Lodge. [Please register online if you would like to attend.](#)

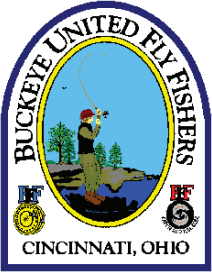


### Directions:

**From I-75 --** Follow I-75 north to the Tylersville Road exit. Turn right off of the exit ramp onto Tylersville Road and follow to Cox Road. Turn left onto Cox Road and follow Cox Road north to VOA Park Drive. Turn right onto VOA Park Drive. Turn left onto first drive and follow roadway to Lodge.

### From the Mason, Ohio area...

Follow Tylersville Road west to Cox Road. Turn right onto Cox Road and follow Cox Road north to VOA Park Drive. Turn right onto VOA Park Drive. Turn left onto first drive and follow roadway to Lodge.



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P. O. Box 42614

Cincinnati, OH 45242

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