

The BUFFER

The Newsletter of Buckeye United Fly Fishers, Inc., Cincinnati, OH

www.BuckeyeFlyFishers.com

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Presidents Notes

Paul Juszczuk, President

For the past several years, B.U.F.F. has taken pride in being one of the best fly fishing clubs in the tri-state area, hands-down!

Our membership is strong in numbers and is renowned for being exceptionally friendly to non-members. Our organization has several community education opportunities that surpass many of the clubs in the surrounding area. None of this is possible without the generosity of our members in their time, talent, passion, and – of course – willingness to act.

For example, Park's farm fishing with kids and family has already begun and will continue through August 8. Ed Jones needs between 5-10 volunteers for a successful experience of the children.

Here's something a little different than fly fishing. On July 15th, volunteers will be needed for the V.O.A. Crazy Cardboard Regatta. On the same day, the Eastern Hills Rod and Gun Club sporting women's event is looking to round up some volunteers also.

Recently, Project Healing Waters hosted this year's first PHWFF fishing outing at Park's Farm. In addition, PHWFF had their Cincinnati outing at Brookville Tailwaters.

Last but not least, we can't forget the members who help keep the waters clean. Stream Quality Monitoring seeking out adventurous volunteers on June 3rd and June 10th for a fun-filled morning. Please contact Bryan Tudor.

So, members, in order to have success you have to be a successful giver. If you have already volunteered this year, THANK YOU! If you haven't, some opportunities are coming up – and your willingness to lend a hand is a big part of making B.U.F.F. so special. Thank you for your time and actions.

Best regards,
Paul Juszczuk



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One day, two guys Frank and Bob were out fishing.

A funeral service passes over the bridge they're fishing by, and Bob takes off his hat and puts it over his heart. He does this until the funeral service passes by.

Frank then said, "Gee Bob, I didn't know you had it in you!"



Bob then replies, "It's the least I could do. After all, I was married to her for 30 years."

June Presentation & Speaker

Charity Rutter —“R&R FLY FISHING ”

Phil Pursley, Program Co-Chair

Program Description

Charity’s abiding love of the outdoors can be traced to her childhood on a farm in rural Oklahoma. Charity received her BA in Graphic Design from the University of Central Oklahoma and upon graduation immediately moved to East Tennessee to be near the Smoky Mountains where she became an avid hiker, camper, and fly fisher. She and her husband Ian own and operate R&R Fly Fishing in Townsend, Tennessee. She has been guiding full time since 2002.

Charity worked in advertising for 10 years before eventually following her love of fly fishing into a career as a fly fishing guide. She has been an ardent conservationist, participating in several native brook trout stream restoration projects in Great Smoky Mountains National Park. Charity was the co-coordinator for the Great Smoky Mountains TroutFest that was held for 8 consecutive years in Townsend, TN to raise support and education of the trout stream restoration projects in the Great Smoky Mountains National Park. Charity was part of the team of women that brought Casting For Recovery to Tennessee and she also spearheaded an effort initiated by Trout Unlimited to put trout in schools in East Tennessee through the Trout in the Classroom project. This program has been incredibly successful, teaching children the importance of clean water and fish many never knew existed so close to their homes.



Charity has fly fished in numerous locations including Yellowstone, Patagonia, Maine, Belize, Mexico, and the Everglades but still cites East Tennessee as her favorite place to fish with its diversity of opportunities. She was named one of the top female guides in the country by Field & Stream Magazine in 2015. Charity has hosted groups of fly fishers to destinations outside of her home waters including Montana, Idaho, and Belize since 2005. She has spoken and taught casting clinics at numerous fly fishing shows and clubs across the country.

Charity & her husband Ian have collaborated on five books about fly fishing as well as a video series. They are currently working with a team of film makers to create a documentary on protecting native brook trout in the Great Smoky Mountains National Park. The couple has two children, Willow and Boone, who have been in the woods and on rivers and streams within days of their birth and have accompanied their parents on many of their adventures and volunteer projects with their TU Chapter as well as the Great Smoky Mountains National Park Fisheries biologists. They are true ambassadors of the sport of fly fishing.

Charity and her family reside in the foothills of the Great Smoky Mountains in Townsend, Tennessee.

Favorite Things About Guiding: Seeing a beginner catch their first trout. It never gets old!

Favorite Water: Anywhere in the Great Smoky Mountains National Park - I love fishing through waterfalls!

Favorite Floats: Casting streamers on the Clinch River

Don't miss this presentation to learn more about R&R Fly Fishing

Take action to help prevent Lyme Disease

Cari Vota

Lyme is an infectious disease caused by a bacterium transmitted to humans by the bite of infected blacklegged ticks. It is the most common tick-borne disease in the Northern Hemisphere. There are an estimated 300,000 cases a year all across the U.S. The federal Centers for Disease Control and Prevention estimates the number of Lyme disease cases nationwide could be 10 times higher than what's actually reported.



Symptoms often begin with a distinctive bullseye rash. Some people experience fever, aches, sweats and low energy. It may evolve into various neurological problems, including facial palsy, severe headaches, muscular aches, and sensitivity to light. Without antibiotic treatment, Lyme disease can lead to permanent motor, sensory and cognitive impairment.

Ticks are active any time the temperature is above 40 degrees and there is not dense snow cover. After you have been hiking in brushy areas or in the woods, check yourself and family for ticks. Look in all the nooks and crannies, including your armpits, ears, and in your hair. Be sure to check young children, because they may not notice a tick. Adult deer ticks are hard to find; nymphal deer ticks are even smaller and look like freckles with legs.

The Michigan Department of Health and Human Services offers these tick tips:

On outdoor excursions where blacklegged ticks could be present, use insect repellent that contains 20%-30% DEET.

Wear clothing that has been treated with permethrin.

Take a shower as soon as you can after coming indoors.

Look for ticks on your body. If a tick is attached to you, use fine-tipped tweezers to grasp the tick at the surface of your skin. Pull the tick straight up and out. Don't twist or jerk the tick — this can cause the mouth parts to break off and stay in the skin.

Put your clothes in the dryer on high heat for 60 minutes to kill any remaining ticks.

Hunters and anglers cannot get Lyme disease from dressing carcasses, or eating game meat, but are more likely to be in tick habitats.

(Continued on page 4)

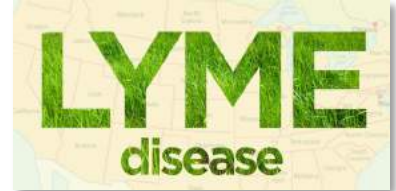
JUNE Calendar

6/3	Stream Quality Monitoring Bryon Tudor
6/4	Casting Class Gary Begley
6/6	PFW Fishing Brent Miller
6/7	Twin Creek Day Trip Steve Alexander
6/11	Casting Class Gary Begley
6/14	Flag Day
6/14	BUFF Monthly Meeting
6/15	Women's After-Work Outing Cari Vota
6/16	Fish With Kids Ed Jones
6/16	Tie & Lie Gary Begley
6/21	BUFF Board Meeting
6/25	Casting Class Gary Begley
6/27	Sunnybrook—June Trip Ken Dixon
6/30	Fish with Kids Ed Jones

**HEY YOU! Yes you. GOT
SOMETHING TO SAY?
Say it in the BUFFER
Newsletter.**

(Continued from page 3)

Pets can become hosts for ticks and also become infected with Lyme disease and other tick-



borne diseases. Topical flea and tick treatments are recommended, and a Lyme disease vaccination is available. Consult your veterinarian for more information.



**A DAY WITHOUT FISHING
PROBABLY WOULDN'T KILL
ME, BUT WHY RISK IT?**

10 Facts About Lyme Disease ... you can't afford to ignore

1 • You are 10 times more likely to contract Lyme Disease than West Nile.

2 • Lyme Disease has surpassed AIDS as the #1 infectious disease in the U.S. (many cases aren't even reported leading to inaccurate records of how wide spread it is)...

3 • The common MD is using an extremely inaccurate form of testing which is only 50% accurate.

4 • Lyme can be spread by any insect that feeds on blood (gestational / sexually also being proven in case studies)

5 • The average MD knows very little about this disease or long term dangers.

6 • If not treated properly it most often turns into a debilitating chronic condition.

7 • Lyme symptoms includes symptoms that often lead to years of misdiagnosis. (MS, Depression, ect)

8 • To find a Lyme Literate doctor, contact the Lyme Disease Association or ask someone currently being treated by one.

9 • Lyme Disease enters the central nervous system almost immediately and even if "cured" many endure relapses years later.

10 • Lyme Disease Kills.

More info: www.ilads.org

www.truthaboutlymedisease.com
www.thehumansideoflyme.com

More Information...

BUFFER Newsletter

The BUFFER Newsletter is published monthly and can be downloaded from the BUFF website. Back issues are available for download too.

Monthly Meetings

Monthly meetings are held the **second** Wednesday of each month. Check the website for details, including guest speaker & presentation, buffet menu, and calendar updates.

Annual Dues

Annual dues are \$25 (Individual), \$30 (Family), plus a one-time \$5 Initiation Fee for new members. Annual dues are due January 1. Refer to BUFF website www.BuckeyeFlyFishers.com for more information.

Contact Us

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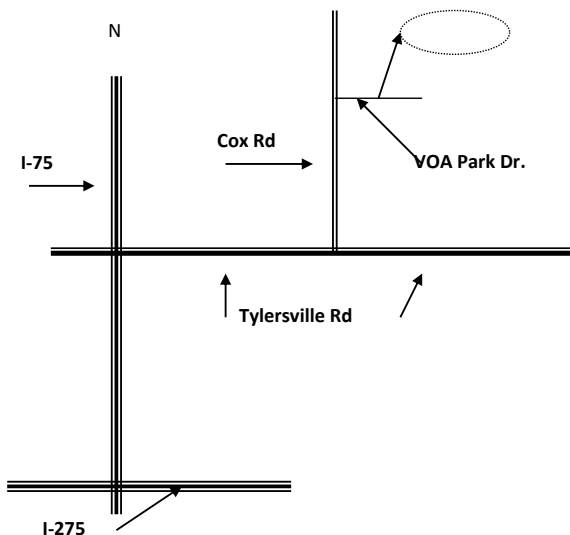
Visit us on the web at
www.BuckeyeFlyFishers.com

Buckeye United Fly Fishers

Promoting the Sport of Fly Fishing Through Education and Conservation

Meeting Location & Directions

Meetings are held at Voice of America Park in the Ronald Reagan Lodge. [Please register online if you would like to attend.](#)

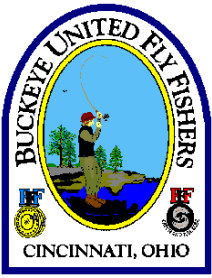


Directions:

From I-75 -- Follow I-75 north to the Tylersville Road exit. Turn right off of the exit ramp onto Tylersville Road and follow to Cox Road. Turn left onto Cox Road and follow Cox Road north to VOA Park Drive. Turn right onto VOA Park Drive. Turn left onto first drive and follow roadway to Lodge.

From the Mason, Ohio area...

Follow Tylersville Road west to Cox Road. Turn right onto Cox Road and follow Cox Road north to VOA Park Drive. Turn right onto VOA Park Drive. Turn left onto first drive and follow roadway to Lodge.



*The **BUFFER***

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