

Volume 39, Issue 1

The Newsletter of Buckeye United Fly Fishers, Inc., Cincinnati, OH Web site: http://www.buckeyeflyfishers.com

January 1, 2015

Notes from the President

Ken Dixon ((<u>krgjdix@outlook.com</u>))

I hope this finds you well and that you had a joyous holiday season. My wife and I were lucky enough to have our children and grandchildren with us for the week of Christmas this year and what a special time that was. With our energies spent in preparing for, enjoying and then recovering from this wonderful time, my comments are, of necessity, brief this month.

In January, we will be very busy getting ready for our Fly Fishing Show to be held on Saturday, February 7. The Show Committee is in top gear and can use all our help in making the Show another success for our Club. If you are in Bass Pro on the weekends in January, you will see a number of our fellow members passing out brochures for the Show and tying flies at the Fly Shop, all in an attempt to get the word out to the public about our Show. Check with Bob Gustafson if you would like to have some brochures to pass out or post in your area stores, banks, barbershops, etc. Also, remember we are having a Fly Tying Workshop with Tom Rosenbauer on the Friday prior to the Show. You can sign up to tie in the workshop or just audit the workshops using our on-line registration system. Spaces are going fast, so take advantage of this rare opportunity and sign up soon.

In addition to a wonderful presentation by Steve Coomer at our January meeting, we will hold the election for the Fly Fisher of the Year Award as well as the election of Officers and Directors for 2015. The slate to be presented is:

Officers:

President: Ken Dixon Vice President: JR Jackson Treasurer: Bob Gustafson & Co-Chair, Fly Show Secretary: Hugh O'Donnell*

Board of Directors:

Tim Williamson: Club Education Ken Foltz: Communications – Website George Hupp: Fixed Assets & Liaison – Library Jim Neckers: Fly Tying Tom Smith: Communications - BUFFER Don Kail: Communications - Website Bryan Tudor: Conservation Bob Miller: Historian & Co-Chair, Fly Show

Jeff McElravy: Liaison – Project Healing Waters	Jim Boude: Membership
Pete Moore: Program Co-Chair	Phil Pursley: Program Co-Chair
Ed Jones: Public Education	Jim Hampton: Raffles
Sue Jones: Women's Events & Liaison - CFR	Steve Bailey: Trips

As the New Year begins, please accept my wishes to you and your family for Happiness, Health and Prosperity.

Turtles

Steve Lilly (<u>sjlilly@fuse.net</u>)

Some turtles can breathe out their butt.

http://news.discovery.com



Like all turtles the shell of the North American Eastern Painted turtle had evolved from ribs and vertebrae that flattened out and fused together into a shield to protect the turtle from predators. However to inhale without any ribs that can expand and contract the turtle has to use muscles that pull the body outwards towards the openings of the shell, and more muscles to squish the turtle's guts against its lungs to exhale. Although this is a lot of work the North American Eastern Painted Turtle will normally breathe that way except when winter comes, then the butt method comes into play. Cloaca is a nicer word than butt; a cloaca is a pouch that can expand and contract through which the turtle excretes, urinates, and lays its eggs. Sacs in the cloaca called bursa can absorb oxygen and are lined with blood vessels so they can function much like the gills in a fish. The entire procedure replaces the energy demanding respiration through the lungs and along with changes in body chemistry allows the turtle to hibernate by burrowing head first into the bottom of a stream or pond.

Greater Cincinnati Fly Fishing Show Preview

Bob Gustafson (j.r.gustafson@att.net)

BUFF has been hosting fly fishing shows in the greater Cincinnati area since 1989 when Tom Mench and Tony Kalbli organized the first BUFF Conclave, held at the Kings Island Inn. In subsequent years the show (and associated banquet) moved to various venues including the Shrine Oasis, Eastgate Holiday Inn, Blue Ash Clarion Hotel, and Receptions, Fairfield. In 2003, the show and banquet were separated and the show renamed the "Greater Cincinnati Fly Fishing Show". For 10 years the show was held annually at Receptions, until it outgrew the space and moved in 2013 to the current venue, The Oasis Conference Center in Loveland.

The Greater Cincinnati Fly Fishing Show has grown over the years and is now the largest show in this region. Exhibitor feedback indicates that our show is a favorite, owing to the enthusiastic participation of our club volunteers. Please sign up to volunteer at an upcoming monthly meeting or email Bob Gustafson at <u>j.r.gustafson@att.net</u>.

This year's show will be Saturday, February 7, 2015, at The Oasis Conference Center. There will also be three fly tying clinics with Tom Rosenbauer, Orvis Fly Fishing Manager on Friday before the show. Signups for the clinics will be available soon.

Preparations for the 2015 show (the 26th?) are well underway and exhibitor booth reservation applications are arriving at a fast clip. Exhibitors committed to date include many familiar names, plus a few new ones:

Streamside Furled Leaders Land of Legends Fly Club **Elk Springs Resort** Golden Rule Fly Shop **Emergence Angling Services** Canoe Kentucky Roads, Rivers, and Trails **Tightlines Jewelry Briarwood Sporting Club Temple Fork Outfitters** Hog Creek Furled Leaders Little Miami Conservancy **Ripple Guide Service** Chota Outdoor Gear **Orvis Streamside/Orvis Michigan Fly Fishing** School **Davidson River Outfitters** Southeastern Anglers Indigo Guide Service Float Master Products Orvis Kenwood Angler's Choice Flies **Glenn River Fly Co Angling Consulting Services** Otter Creek Bamboo Fly Rods McFarland Rod Company





Plus area fly fishing clubs, state wildlife organizations, and non-profit organizations.

There will be, as usual, outstanding presentations from fly fishing experts, fly tying demonstrations, and casting demonstrations. Show brochures will be available at the December and January dinner meetings. Pick up a bunch and pass them out to your friends or at work—help grow our show and the sport we all love.

Membership

Tom Agin (agin6@fuse.net)

It's that time of year, time to renew your BUFF membership for 2015. Member dues cover from January 1st of each year to December 31st. Dues need to be paid by January 1, 2015. Single memberships are still \$25.00/year and Family memberships are still \$30.00/year. There are a couple of ways you can pay your dues: Pay at the monthly dinner meeting or send your payment in the mail. If you are sending it in the mail the address is P.O. Box 42614, Cincinnati, Ohio 45242. Please make checks payable to BUFF.

Several of you have already paid your dues thru 2015. For these people I will be sending out an email letting you know that your 2015 dues have already been paid.

January Meeting Program –

Pete Moore (sharonandpetem@outlook.com)

Meeting Date January 14, 2015

Speaker - Steve Coomer

Steve grew up along the Little Miami River. He has spent a lifetime fishing and learning about the streams of southwestern Ohio.

Steve describes himself as a generalist who enjoys lots of different kinds of fishing. He fly fishes about 30% of the time and considering he has fished between a 100 and 150 days a year for the past 30 years that's still an incredible amount of time on our local waters.

Steve is the author of the book, Little Miami River, facts, fishing and folklore and has probably caught more trophy fish out of the Little Miami and Great Miami rivers than anyone around. Steve will talk on seasonal movements and locating trophy smallmouth bass and the complicated food chain in our local warm water streams. This program will be professionally recorded for commercial publication.

Program – Local Trophy Smallmouth

Steve will talk on seasonal movements and locating trophy smallmouth bass and the complicated food chain in our local warm water streams. This program will be professionally recorded for commercial publication.

BUFF Library

Steve Walker (swalker@roadrunner.com)

The club is still in need of volunteers to form the Library Committee. The committee is in charge of setting up and storing the library at the club meetings next year. The library is a very valuable and much used asset of the club. Probably every one of you reading this has borrowed a couple of books, maps, or DVDs from the library and maybe learned a thing or two in the process. Help us keep the library available to the membership next year by volunteering to be a member of the committee.

Project Healing Waters-Cincinnati gets a new leader

D Brent Miller (DBrent@dbrent.com)

Project Healing Waters Fly Fishing Inc., Cincinnati, will have a new leader effective January 1, 2015. D. Brent Miller will assume the role and responsibilities replacing the successful five-year term of R. Thomas Scheer, DDS. Miller has been involved in PHWFF for the past three years, and been a part of recruiting and increasing fly fishing opportunities for the wounded warriors and Veterans in the Cincinnati and Northern Kentucky area. "Tom Scheer has been a great mentor, and I hope to rely on his insight and fly fishing experience to further the PHW cause," Miller said. "After a few years of foundation building, we are on the verge of growth, and I look forward to it. Tom has brought us to this point. I hope I can successfully fill his shoes and take us forward."

The Cincinnati Project Healing Waters Veterans and Volunteers tie flies through the winter, and fish approximately twice a month through the rest of the year. For more information about PHW-Cincinnati, contact Miller at 513-535-8735.



Annual Banquet

Tom Smith (tsmithconsluting@cinci.rr.com)

Next year's date for the annual banquet is April 11, 2015. In order to lower the club's cost point the format is being changed to a social hour with Hors D 'Oeuvres and dessert. There will be a cash bar with no charges for soft drinks and coffee. The event will be held at the Mill Race Golf Club at Winton Woods. A sample reservation form is included with this article and we will start taking reservations at the December club meeting. The reservation form will also be available on line where you can download it and fill in the information. We do not anticipate taking reservations on line.

Please note that the "early bird" special will be available only through the end of January. It includes \$25.00 for a single reservation and a free raffle ticket and Grand Raffle ticket. I will be selling reservations at the January meeting and they can be purchased by mail through the end of January. The form is on the following page.

Please see the following page for a reservation form.

Cabin Fever Relief Banquet, Raffles and Auction

Saturday, April 11, 2015

Mill Race Golf Club, 1515 West Sharon Rd. Cincinnati, OH 45213 (513) 825-3770

6:00 Social Hour with Hors D'Ouerves and Music, Cash Bar

4.

- 7:00 Program begins
- 9:30 Banquet Ends

		No.	Total
Banquet Reservations	\$25.00		
Early bird (prior to Jan 3	0) includes 1 free	Raffle Ticket and 1	free Grand Raffle ticket
After Jan 30, price includ	les 1 Grand Raffle	ticket	
Raffle Tickets	\$5.00		
or 6	for \$25.00		
Grand Raffle Tickets	\$10.00		
	Total	Enclosed	
	Paid with	this form	
Attendees Name(s):	1.		
	2.		
	2		

Address		Phone #	
City		Alt #	
State	Zip	Email	

Payment Type	Cash	Check	Checl	< #	Credit Card		Exp:
Credit Card #				Name on Card			
СС Туре	Visa	Master Card		Amex		Disc	cover

Please make checks payable to "Buckeye United Fly Fishers, Inc." and mail to Thomas Smith, Banquet Reservations, 25 Evergreen Circle, Cincinnati, OH 45215

This form must accompany the reservation

Winter Gear

James Jackson (jacks2jr@mail.uc.edu)

A few weeks ago, Tim Williamson and I fished the Mad River with Matt Parker, in order to learn Matt's streamer technique for catching the big brown trout known to hold in the Mad. When we got to the water, the air temperature was a balmy 18 degrees Fahrenheit, and was only supposed to hover around the freezing point by the afternoon. As much as I enjoy fishing, I have to admit that I strongly debated whether I really wanted to spend the day hip deep in the Mad when I had a perfectly warm tying bench back at home. Alas, into the water we went, and because none of us were particularly new to cold weather fishing, we came prepared and actually managed to stay fairly warm. Others have since asked how we do it, so I'm writing this article to explain.

The battle for warmth in a cold river starts at the feet. The neoprene stockings that comprise the feet of most waders are a good start at providing a layer of insulation, but they aren't a catch-all-end-all solution. I have a pair of thick wool socks that I acquired many years ago for deer hunting that usually serve as my foot base layer. When it's really cold out, you can also add a pair of "toe-warmers", sold in packets at most sporting goods stores, tucked inside the socks for added warmth. The most common mistake people make when it comes to footwear in the winter is actually wearing too many socks. A single pair of well-insulating socks will suffice; when you add more layers, you end up restricting circulation in your toes, which decreases warmth.

For my legs, I have a set of polyester long johns I originally bought for snowboarding, but that work perfectly well for fishing also. Over those, I add a pair of sweat pants...never blue jeans! My experience has been that a cheap pair of sweats will do a much better job of keeping my legs warm than a pair of jeans ever will. In an ideal situation, I suppose you want to stay away from cotton because it retains moisture and doesn't insulate well when it gets wet. If you've got the cash to swing on a non-cotton pair of insulated pants, that's the way to go, but if you're on a budget, cotton sweats do a fine job as long as your waders hold up their end of the bargain by keeping them dry.

I wear a polyester base layer on top also, followed by an Under Armor turtleneck, and then either a sweatshirt or a heavy wool sweater, depending on how cold it is outside. Over my waders, I usually wear my orange and gray ski jacket, which serves both to keep me warm and also to warn any wayward duck hunters to my presence before they confuse me with a giant, awkward mallard. I wear a buff around my neck for added protection from the cold winter winds. For a hat, I've varied back and forth between a standard toboggan-style hat and a felt hat with a wide brim. The toboggan hat does fine, although I usually find myself missing the added shade provided by my trustee felt hat, which goes a long way toward seeing the big browns in their winter holding lies. I also always carry Chap Stick in my pocket, partly because my lips chap quickly in the cold, and also because a dab of it on your rod guides helps to prevent ice from forming on them when the temps drop below freezing.

Finally, and the source of most of my cold-weather frustration, come my hands. Hands are especially tricky for a fly fisherman because, whether we realize it or not, we rely heavily on our ability to feel the fly line for everything from casting to mending to, on occasion, playing and landing fish. I have a pair of fleece fingerless fishing gloves that allow me to maintain some feeling for the fly line without completely leaving my hands exposed to the elements, but once those gloves get wet (which doesn't take long when you're casting and stripping big streamers for winter browns) they don't insulate as well. I also have a pair of full neoprene gloves which are great for keeping my hands dry, but they leave me pretty much completely deprived of any sensation with regard to feeling the fly line. When I can stand it, I usually try to fish without gloves for this reason. I have an idea about wearing a pair of latex gloves under my fingerless ones to test whether that might help with some of the wetness issue, but have yet to test that theory on the water.

Last, but not least, having a spare set of dry clothes in the car is never more important than in the winter months. First and foremost, dry, warm clothes are critical to maintaining your core body temperature after being submerged in cold water. Also, if you're fishing for cold water species and live in or around Greater Cincinnati, you're looking at a minimum of a 30 minute drive to get home from either Brookville or over an hour from The Mad, which is just unpleasant in wet clothes. I fell into a hole on the Mad last year on New Year's Day and made the mistake of not having dry clothes with me. I got in the car intending to drive home, but by Springfield I was shivering so badly that I was struggling to hold the car in a single lane, so had to slosh into Walmart for a new pair of dry sweats. Learn from my mistake and pack an extra set of clothes, wear the right gear under your waders, and give cold weather fishing a try. If nothing else, a hot cup of coffee (preferably Irish) never tastes quite as good as it does after a day on winter water.



The BUFFER

The Newsletter of Buckeye United Fly Fishers, Inc. P. O. Box 42614 Cincinnati, OH 45242

A Non-Profit, Tax-Exempt, Charitable Corporation

FIRST CLASS MAIL

NOTICE: Dues are \$25 (Individual), \$30 (Family), with a onetime \$5 Initiation Fee for new members. New members will pay a prorated membership amount according to month of initial membership for the first year. Annual dues are due January 1. Refer to BUFF website for further information. B.U.F.F., P.O. Box 42614, Cincinnati, OH 45242

Mailing Address

Next Monthly Meeting – Jan. 14, 2014

Call (513) 683-0286 or sign up on line at <u>WWW.BUCKEYEFLYFISHERS.COM</u> for reservations no later than midnight on the Sunday before the meeting. Dinners are \$15/person.

Sign up from the 20th of the November through the Sunday evening (12/14) before the monthly meeting!



Directions:

From I-75 -- Follow 1-75 north to the Tylersville Road exit. Turn right off of the exit ramp onto Tylersville Road and follow to Cox Road. Turn left onto Cox Road and follow Cox Road north to VOA Park Drive. Turn right onto VOA Park Drive. Turn left onto first drive and follow roadway to Lodge.

From the Warren County area...

Follow Tylersville Road west to Cox Road. Turn right onto Cox Road and follow Cox Road north to VOA Park Drive. Turn right onto VOA Park Drive. Turn left onto first drive and follow roadway to Lodge.